

The Joyful Mysteries

1. The Annunciation

The angel Gabriel was sent from God to a town of Galilee called Nazareth. And coming to Mary, he said, "Hail, full of grace! The Lord is with you." (Lk 1:26-28)



2. The Visitation

Mary set out and traveled to the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of your womb." (Lk 1:39-45)

3. The Birth of Our Lord

And Mary gave birth to her firstborn son. She wrapped him in swaddling clothes and laid him in a manger . . . And suddenly there was a multitude of the heavenly host praising God and saying: "Glory to God in the highest and on earth peace to those on whom his favor rests." (Lk 2:1-20)

4. The Presentation in the Temple

Mary and Joseph took the baby Jesus to the Temple to present him to the Lord. At the temple Simeon and Anna came forward, gave thanks to God and spoke about Jesus to all who were present. (Lk 2:22-38)

5. The Finding of the Child Jesus in the Temple

The boy Jesus remained behind in Jerusalem, but his parents did not know it. After three days they found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions. (Lk 2:41-50)

The Luminous Mysteries

1. The Baptism in the Jordan

And a voice came from the heavens, saying, "This is my beloved Son, with whom I am well pleased." (Mt. 3:17)

2. The Wedding at Cana

"Women, how does your concern affect me? My hour has not yet come." His mother said to the servers, "Do whatever he tells you." (Jn 2:1-12)

3. The Proclamation of the Kingdom of God

"This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel." (Mk 1:15)

4. The Transfiguration

While he was praying his face changed in appearance and his clothing became dazzling white. (Lk9:29)

5. The Institution of the Eucharist

Before the feast of Passover, Jesus knew that his hour had come to pass from this world to the Father. He loved his own in the world and he loved them to the end. (Jn 13:1)

The Sorrowful Mysteries

1. The Agony in the Garden

Jesus went to a place called Gethsemane to pray. "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will." (Mt 26:36-46)

2. The Scourging at the Pillar

The chief priests with the elders and the scribes held a council. They bound Jesus, led him away, and handed him over to Pilate. Pilate, wishing to satisfy the crowd, had Jesus scourged and handed him over to be crucified. (Mk 15:1-16)

3. The Crowning with Thorns

They stripped off his clothes and threw a scarlet military cloak about him. Weaving a crown out of thorns, they placed it on his head, and a reed in his right hand. And kneeling before him, they mocked him, saying, "Hail, King of the Jews!" (Mt 27:27-31)

4. The Carrying of the Cross

Jesus, weak from being beaten, was unable to carry His cross to Golgotha alone. Simon, a Cyrenian, helped him. (Mk 15:20-22)

5. The Crucifixion

When they came to the place called the Skull, they crucified him and the criminals there, one on his right, the other on his left. Jesus said, "Father, forgive them, they know not what they do." (Lk 23:33-46)

The Glorious Mysteries

1. The Resurrection

Mary Magdalene and the other Mary came to see the tomb. An angel appeared and said, "Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for He has been raised just as He said." (Mt 28:1-10)

2. The Ascension of Our Lord

As Jesus blessed them He parted from them and was taken up to heaven. (Lk 24:44-53)

3. The Descent of the Holy Spirit

Jesus came and stood in their midst and said to them, "Peace be with you. Receive the Holy Spirit." (Jn 14:15-21)

4. The Assumption of Our Lady into Heaven

A great sign appeared in heaven: a woman clothed with the sun, the moon beneath her feet, and on her head, a crown of twelve stars. (Rev. 12:1)

5. The Coronation of the Blessed Virgin Mary

All generations will call you blessed, for the Almighty has done great things for me. . . Be faithful unto death, and I will give you the crown of life. (Luke 1:48-49, Rev. 2:10)

How to Pray the Rosary

1. Looking at the cross, we hold it while we make the sign of the cross and pray the Apostles' Creed which is a summary of all the things we believe as Catholics.
2. On this separate bead, we pray an Our Father, the prayer that Jesus taught us.
3. On each of the next three beads, we pray the Hail Mary. These beads represent the virtues of faith, hope and charity.
4. On this separate bead, we announce the first mystery. (e.g.. Joyful) We reflect on what happened to Jesus at this time and we think about what it means in our lives today. We pray the Our Father.
5. We pray one Hail Mary on each of the next 10 beads. Then we pray the Glory Be.
6. On this separate bead, we announce the second mystery, reflect, and pray the Our Father.
7. We pray one Hail Mary on each of the next ten beads. Then we pray the Glory Be.
8. On this separate bead, we announce the third mystery, reflect, and pray the Our Father.
9. We pray one Hail Mary on each of the next ten beads. Then we pray the Glory Be.
10. On this separate bead, we announce the fourth mystery, reflect, and pray the Our Father.

11. We pray one Hail Mary on each of the next ten beads. Then we pray the Glory Be.
12. On this separate bead, we announce the fifth mystery, reflect, and pray the Our Father.
13. We pray one Hail Mary on each of the next ten beads. Then we pray the Glory Be.
14. We have now reached the end of the Rosary. On the medal that connects the beads we pray the Hail Holy Queen.

Angel of God

Angel of God
my guardian dear,
to whom God's love commits me here,
ever this day,
be at my side
to light and guard,
to rule and guide. Amen

Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate, was crucified,
died and was buried. He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting, Amen.

Act of Faith

O my God, I firmly believe that You are one God in three Divine persons:
Father, Son and Holy Spirit.

I believe that Your divine Son became man

and died for our sins and that He will come to judge the living and the dead.

I believe these and all the truths which the Holy Catholic Church teaches,
because You have revealed them, who can neither deceive nor be deceived.

Act of Hope

O my God, relying on Your almighty power and infinite mercy and promises, I hope to
obtain pardon of my sins, the help of Your grace, and life everlasting, through
the merits of Jesus Christ, my Lord and Redeemer.

Act of Love

O my God, I love You above all things, with my whole heart and soul, because
You are all-good and worthy of all love. I love my neighbor as my self
for the love of You. I forgive all who have injured me, and ask pardon of all
whom I have injured.

The Beatitudes

Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

Blessed are they who mourn,
for they will be comforted.

Blessed are the meek,
for they will inherit the land,

Blessed are they who hunger and
thirst for righteousness,
for they will be satisfied.

Blessed are the merciful,
for they will be shown mercy.

Blessed are the clean of heart,
for they will see God.

Blessed are peacemakers,
for they will be called children of God.

Blessed are those who are persecuted for
the sake of righteousness,
for theirs is the kingdom of heaven.
(Matthew 5:3-10)

Come Holy Spirit

Come Holy Spirit, and fill the hearts of your faithful, and kindle in the fire of your love.

R: Send forth your Spirit and they shall be created,
and you shall renew the face of the earth

O God, who by the light of the Holy Spirit instructed the hearts of the faithful, Grant, that by the same Spirit we may be truly wise and ever rejoice in His Consolation. We ask this through Christ our Lord. Amen

Morning Offering

O Jesus
through the Immaculate Heart of Mary,
I offer You my prayers, works
joys and sufferings
of this day for all the intentions
of Your Sacred Heart,
in union with the Holy Sacrifice of the Mass
throughout the world,
in reparation for my sins,
for the intentions of all my relatives and friends,
and in particular
for the intentions of the Holy Father. Amen

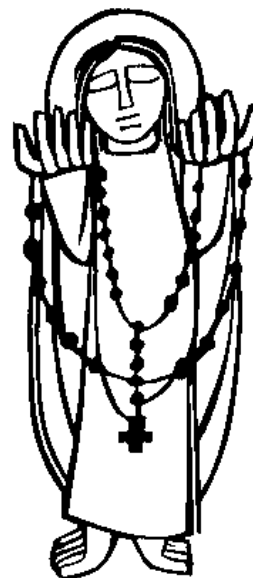
Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of the faithful and kindle in them the fire of Your Love. Send forth Your Spirit, and they shall be created. And You will renew the face of the earth.

O God, who has taught the hearts of the faithful by the light of the Holy Spirit, grant us in the same Spirit to be truly wise, and ever to rejoice in His consolation, through Christ Our Lord. Amen.

Memorare

Remember, O most gracious Virgin Mary,
never was it known that anyone who fled to thy protection,
implored thy help, or
sought thy intercession was left unaided.
Inspired by this confidence,
I fly unto thee, O Virgin of virgins, my mother; to thee do I come,
before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions, but in thy mercy
hear and answer me.



Prayer After Meals

We give You thanks, Almighty God, for all Your blessings.
Who live and reign forever and ever.

Prayer of Saint Francis

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
Where there is sadness, joy.
O divine Master, grant that I may not so
much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.
For it is in giving that we receive,
it is in pardoning that we are pardoned,
it is in dying that we are born to eternal life.
(Saint Francis of Assisi)

Prayer to St. Michael the Archangel

St. Michael the Archangel,
defend us in battle.
Be our defense against the wickedness and snares of the devil.
May God rebuke him, we humbly pray,
and do thou,
O Prince of the heavenly host,
by the power of God,
cast into hell Satan,
and all the evil spirits,
who wander about the world
seeking the ruin of souls. Amen.

Hail Holy Queen (Salve Regina)

Hail, Holy Queen, Mother of Mercy,
our life, our sweetness and our hope.
To you do we cry,
poor banished children of Eve.
To you do we send up our sighs,
mourning and weeping in this valley of tears.
Turn then, O most gracious advocate your
eyes of mercy toward us,
and after this, our exile,
show unto us the blessed fruit of thy womb,
Jesus.
O clement, O loving, O sweet Virgin Mary.

The Angelus

V: The angel of the Lord declared unto Mary,

R: And she conceived of the Holy Spirit.

(Hail Mary...)

V: "Behold the handmaid of the Lord:

R: Let it be done to me according to your word."

(Hail Mary...)

V: And the Word was made flesh

R: And lived among us.

(Hail Mary...)

V: Pray for us, holy Mother of God,

R: That we may be made worthy of the promises of Christ.

(Contemporary)

Let us pray:

Lord,

Fill our hearts with your grace;
once, through the message of an angel
you revealed to us your Son;
now, through his suffering and death
lead us to the glory of his resurrection.
We ask this through Christ our Lord.

(Traditional)

Let us pray:

Pour forth, we beseech thee, O Lord,
thy grace into our hearts; that we,
to whom the Incarnation of Christ, thy Son,
was made known by the message of an angel,
may by His Passion and Cross be brought to the glory of His Resurrection.
Through the same Christ, Our Lord. Amen



Regina Caeli

(In place of the Angelus and the Salva Regina during the Easter Season)

Queen of Heaven, rejoice, alleluia.
The Son whom you merited to bear, alleluia
has risen as He said, alleluia.

Rejoice and be glad, O Virgin Mary, alleluia!
For the Lord has truly risen, alleluia. Amen.

Spiritual Works of Mercy

Based on Christ's teaching and Christian practice since the time of the apostles.

1. Counsel the doubtful.
2. Instruct the ignorant.
3. Admonish the sinner.
4. Comfort the sorrowful.
5. Forgive injuries.
6. Bear wrongs patiently.
7. Pray for the living and the dead.

Corporal Works of Mercy

"What ever you do the least, you do to me." (Mt. 25: 35-46)

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked.
4. Shelter the homeless.
5. Visit the sick.
6. Visit the imprisoned.
7. Bury the dead.